

Residential Travel Guide

The Bridleway, Langley Park



DERE STREET
Homes



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Introduction

A Travel Plan is in place at The Bridleway, Langley Park, to encourage sustainable travel by providing the resources and infrastructure required to make travel choices that best suit you.

This guide has been prepared as part of the Travel Plan to inform and encourage you to travel more sustainably from your new home. We hope that you will have a look through the information included in this guide and consider how you could fit sustainable travel into your daily routine.

Inside this booklet you will find information about:

- Walking distances and times around the area
- Suitable cycle routes and options for travelling by bike
- Local public transport options and the destinations served
- Ideas for more environmentally friendly and economical car usage

Any questions?

The Travel Plan is implemented by a Travel Plan Coordinator on behalf of Dere Street Homes. You can contact the Travel Plan Coordinator with any questions you have about making sustainable travel choices:

Charlotte Best

Telephone: 0113 246 0204

Email: travelplanning@foreconsulting.co.uk

Get involved

Every so often surveys will be carried out to see how residents are travelling. The surveys may be completed in several different ways, such as by counting how many cars and people are leaving the site during the day, an online form or a paper copy sent to your address.

Surveys will help the Travel Plan Coordinator understand if everything is in place to support you to make fewer car journeys, or whether there is more to be done. Your responses will help us improve the Travel Plan, so when the surveys are launched we would appreciate your input!



Walking

For those who are physically able, walking is a great option for getting where you need to be. You don't need specialist equipment and you don't have to buy tickets or think about parking. It's also a great way to fit exercise into your day and maintain a healthy lifestyle.

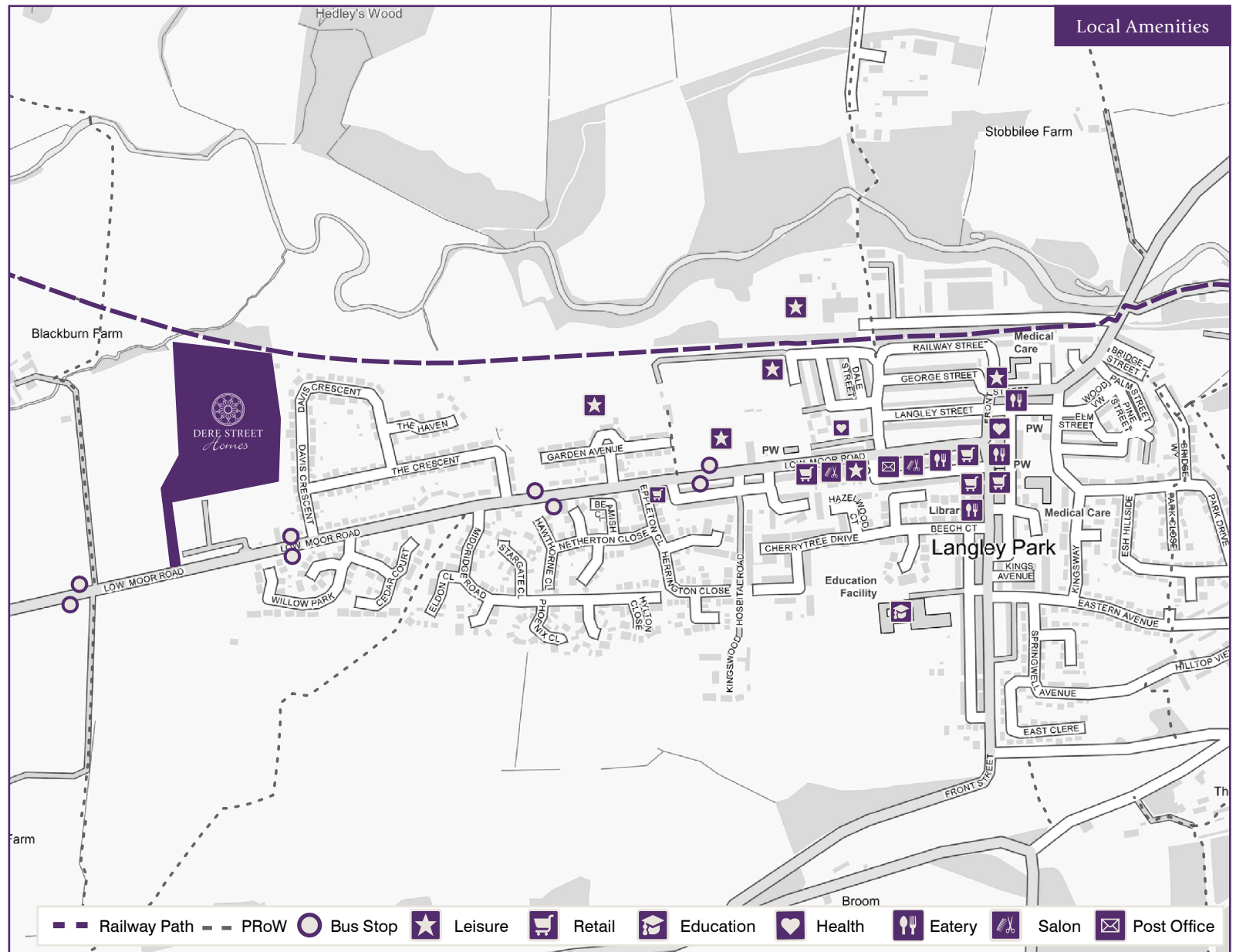
Getting started

Walking routes can be planned using [Google Maps](#), simply type in your postcode and the postcode of where you want to be!

You can find tips on building more walking into your daily routine and suggested walks on your doorstep and across Durham online [here](#).

On your doorstep

Your new home is located within the bustling village of Langley Park. The adjacent map shows amenities you can access within walking distance of your new home. Langley Park boasts an array of amenities including supermarkets, salons, eateries, a pharmacy and a primary school. All of the amenities shown can be reached using footpaths and public rights of way (PRoW).



Local walking routes

The **Lanchester Valley Railway Path** is part of an extensive network of railway paths across Durham. These paths are suitable for walkers, runners, wheelchair users, horse-riders and cyclists. The Lanchester Valley Railway Path runs from Consett (Lydgetts Junction) to Broompark via Knitsley, Lanchester, Langley Park and Bearpark. Locally, the route can be used to access Riverside Park Industrial Estate and Langley Park village centre.

There are also a number of public footpaths located to the west / south of your new home. These footpaths can be used to access Esh Village. The above routes are detailed on the map on [page 5](#).

Why walk?

It's simple, free and one of the easiest ways to get more active, lose weight and become healthier. Sometimes overlooked as a form of exercise, walking briskly can help you build stamina, burn excess calories and make your heart healthier.

You do not have to walk for hours. A brisk 10-minute daily walk has lots of health benefits and counts towards your **recommended 150 minutes** of weekly exercise.

Walking to Work

Getting to and from work can take up a large portion of your day, so it's important to find a mode that suits you. Walking to work is good for you. It's good for your physical health, your mental health, your wallet, your career, and even the planet.

If you live within 3 km of work, walking to work will take you less than 45 minutes, and is a perfect opportunity for incorporating exercise into your day. Remember to wear something brightly-coloured, or preferably reflective, if you are going to be walking to or from work in the dark.

Walking to School

Walking or scooting to school is an easy way of including exercise in your child's daily routine (and yours!). They are fun alternative modes of transport rather than driving, along with the added benefit of creating a green, cleaner environment for your children and local community.

Langley Park Primary School is located south east of the site behind May Terrace. The school can be accessed within a 30-minute walk or 5-minute cycle. The location of the school is shown on the map on [page 5](#).

Useful Walking Apps

Lazarillo is an app for blind and partially sighted people to help guide people through the built environment with real-time voice messages.

It features navigation and geo-location services, which are accessible for people who normally would not be able to use them, with help of voice messages pointing users towards local facilities, public transport, reference points, and road junctions, as they travel through cities.

Go Jauntly is a app which aims to help people connect with nature and enjoy the outdoors by recommending greener walks and encouraging people to walk more. The route planning function helps users find the greenest route from A to B (as well as the fastest route) and also has a feature which creates circular green walks from your doorstep. The app also recommends walks and strolls based on your location for those with no end point in mind.



Cycling

Cycling can fit into your daily life better than many other forms of exercise because it doubles up as transport to work, the shops, or to school; saving you money, helping the environment, and keeping you fit - all at once!

Planning your journey

Having an idea of the route you would like to take before setting off will help you avoid finding yourself on busy roads or in places not suitable for cycling. You can plan your own cycling route by using an online journey planner from [Cycling UK](#) or [CycleStreets](#).

Local cycle routes

For cyclists who are confident on-road, Langley Park village centre can be accessed via Low Moor Road.

The [Lanchester Valley Railway Path](#) (detailed on [page 6](#)) forms part of National Cycle Route 14 which runs from Darlington to South Darlington to South Shields via Hartlepool, Durham and Consett. Locally, the route provides connections to Langley Park village centre, Malton and Lanchester.

New to cycling?

If you're new to cycling, just rusty, or you want to improve your health, Cycle Durham provides [free cycling activities](#) across County Durham, helping people to get fitter, healthier, and happier. The scheme provides 'entry level' cycling sessions alongside opportunities to maintain and progress your physical activity levels.

Cycling for all

For people who have a disability, cycling can be easier or less painful than walking. If a standard bicycle is not right for you, there are several styles that can reduce the impact of cycling on different parts of the body, or that are powered by your arms rather than legs. Further information or support click [here](#).

Local cycle clubs

If you want to cycle with others, go on longer rides or further afield, improve your cycling skills or knowledge of bike maintenance, why not join a local cycling club? [Local cycling clubs in Durham](#) offer a range of activities whether it's a leisure ride, a competitive race or something for the kids. There's a club for everyone.



Commuting by bike

If cycling to work seems like a suitable option for you, there is lots of useful information available from [British Cycling](#) which covers all aspects of commuting by bike, whether you're an experienced commuter or cycling to work for the first time.

If you're interested in cycling to work but do not have access to a bike or equipment, speak to your employer to find out if they operate a cycle to work scheme. This is a government initiative which allows you to spread the cost of a bike and equipment over 12 months, and there are associated savings on tax and national insurance payments.

Cycling to school

Riding with your child is a good way to get exercise for yourself and accustom children to cycling on roads. Advice on cycling with children of primary school age can be found online [here](#).

If your child is new to cycling or needs further assistance, you can contact your child's school to find out when their next [Bikeability](#) course will take place.



Public Transport

Public transport use is good for you and for the environment - a full bus takes 50 cars off the road, improving air quality and reducing greenhouse gas emissions. Walking to the bus stop also helps you stay active.

Find out if you can make your journey by public transport by planning your journey [here](#).

Bus network

There are a number of bus stops located in convenient walking distance of your new home along Low Moor Road, as shown on the map on [page 11](#).

These stops are served by the **X20**, **52** and **725** bus services, offering connections towards East Hedleyhope, Durham, Sunderland and Chester-le-Street. A summary of services can be found on the table on [page 11](#).

Bus timetables are updated approximately twice a year, so we recommend looking **online** or contacting the travel provider before you travel.

Bus routes can also be viewed using Durham City Council's **interactive public transport mapping system**.

Rail network

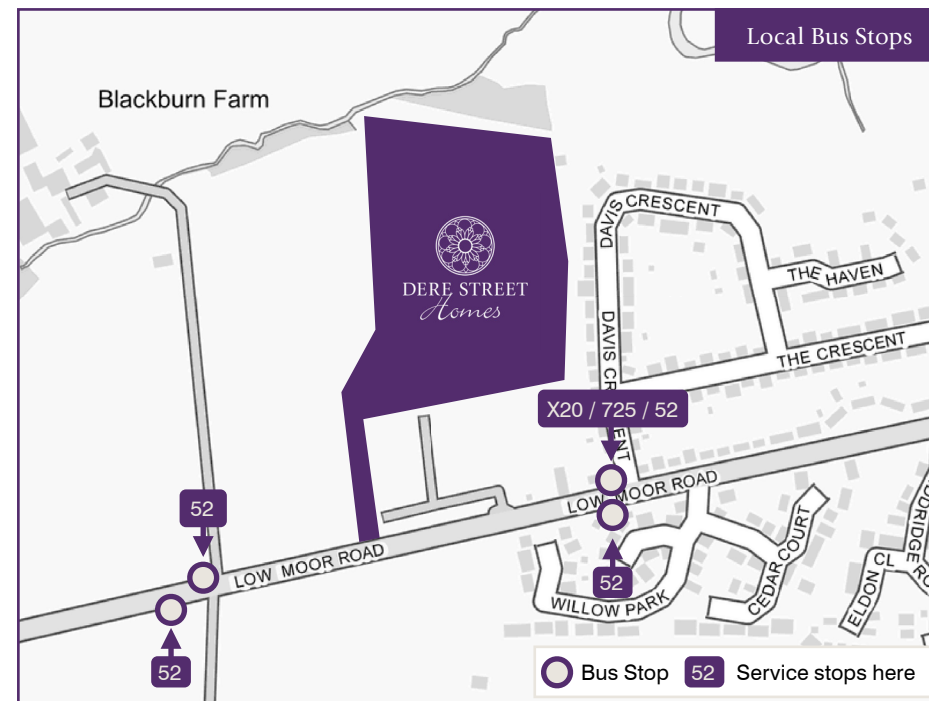
Although not directly served by rail, the closest rail station to your new home is Durham Station. You can access by public transport via the **X20** service from Low Moor Road.

The station is situated on the East Coast Main Line, which runs between London's Kings Cross and Edinburgh Waverley, southbound via Darlington, York, Doncaster and Peterborough, and northbound to Edinburgh Waverley via Newcastle.

Additional services towards Birmingham New Street, Glasgow Central, Plymouth, Reading, Southampton Central Manchester Victoria and Liverpool Lime Street can also be accessed from the station.

The station is staffed (part-time) and has customer help points. The station has step free access to all platforms. Waiting rooms, toilets with baby changing facilities and cash machines are also provided. Full details of station facilities can be found [here](#).

Rail journeys can be planned **online** or by using your chosen operators website/app.



Service	Operator	Destinations Served	Approx. Daytime Frequency	
			Monday - Saturday	Sunday
X20*	Go North East	Langley Park - Durham - Sunderland	2 per hour in each direction	1 per hour in each direction
725*	Weardale Travel	Langley Park - Chester le Street	1 per hour in each direction	No service
52	Scarlett Band	East Hedleyhope - Durham	1 per day in each direction	No service

*The X20 and 725 services begin / terminate at Langley Park (Stringer Terrace)

Accessible travel

If you have a disability travelling can by bus can be difficult. There are a number of **services and concessions** available that can help including:

- **Access Bus** provides a timetabled bus service to popular shopping and leisure destination.
- **Link2** is an accessible dial-a-ride bus service for people who do not have a suitable bus service, or are unable to access regular bus services due to mobility issues.
- **Bridge Card scheme** - If you travel on the bus alone but struggle because of your age, a disability or illness, or just lack confidence, carrying a Bridge Card can help.

Go North East offers fully accessible bus services (kneeling low floor and ramp access). They operate a 'Easy Access Guarantee' process to provide reassurance that, should a problem occur and a wheelchair user is unable to board a bus, a complimentary taxi will be arranged. In addition, they offer a **Helping Hand** scheme, allowing users to discreetly and directly advise of any assistance they may require.

LNER offers passenger assistance for rail users which can be booked in advance up to 2 hours before a journey **online**, by calling 03457 225 225 or by using the use the Text Relay Service 18001 03457 225 225. If you are not able to book in advance, let a member of staff know when you arrive at the station and the team will be happy to help.

If you have any questions about accessible travel that is not covered in this guide, please contact the Travel Plan Coordinator via email or phone, as detailed on **page 3**.

Tickets and passes

There are a range of public transport ticketing options available, whether you're travelling by bus or rail. If you're travelling using a specific service, you can buy tickets online through your chosen operators website (**Go North East / Scarlett Band**) or app, on the bus or at the station.

A variety of concessionary travel passes are also available for disabled people or people of pension age. These passes offer free or reduced fare travel at certain times of the day on buses and trains across England. More information and details on how to apply can be found **here**.



Travel to work

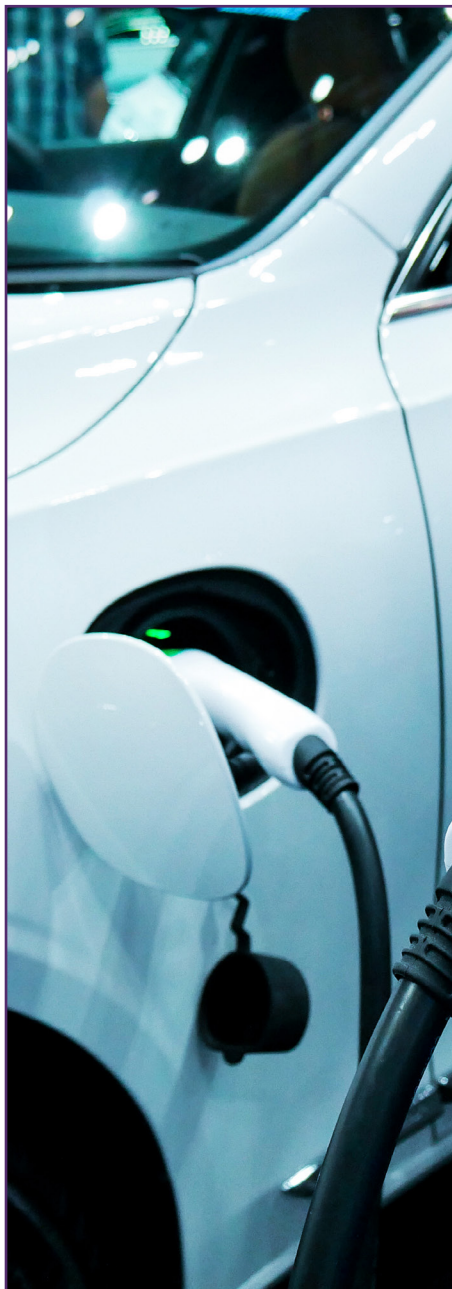
Your employer may offer a number of travel initiatives including Season Ticket Loans to help you spread the cost of annual season ticket for public transport over the year. This allows you to benefit from the savings offered when buying an annual ticket, with the cost spread over the year.

School travel

Depending on your circumstances, your child may qualify for free home to school transport. Free school transport is available to eligible pupils from the start of reception until the end of Year 11.

Transport to college or sixth form is also available if your child is unable to travel independently because of special educational needs (SEN), a disability or mobility difficulty or you live in an area where there is no public transport available (linked transport).

More information on school transport options can be found online **here**.



Driving

If you do need to drive, there are a few decisions you can make to help reduce the negative impacts of car travel, and which can save you money, too.

Electric Vehicles

Your new home at The Bridleways is fitted with an Electric Vehicle Charging Point (EVCP).

Choosing an electric car can help you save money and reduce your carbon footprint. You can find out about the different types of vehicle available and how you can save money on purchasing an electric car online [here](#).

If you already own an electric vehicle and want to find information on local charging infrastructure, you can use [ZapMap](#) or [Charge Your Car](#).

Car sharing

If you usually drive, you can decrease your impact on the environment and traffic by offering a lift to people who make a journey which is on the same route as yours, by accepting a lift from someone or by renting your car out to the people in the local community.

Car sharing arrangements can be flexible – you don't have to car share every day to still make a positive impact by reducing traffic on the roads and reducing air pollution.

Liftshare is an online platform that enables organised car sharing by connecting people travelling in the same direction so they can arrange to travel together and share the costs.

Karshare enables car owners to rent out their vehicles to nearby renters in exchange for money, while those in need of a car can quickly and easily rent one from their local community.

Park & Ride

Park & Ride is a cheap and convenient way of getting to Durham city centre. There are three Park & Ride Sites in Durham:

- **Sniperley Park & Ride**
- **Belmont Park & Ride**
- **Howlands Farm Park & Ride**

The closest Park & Ride site is **Sniperley**, located approximately 400 metres north of the A167/A691 junction (**DH1 5AA**).

The car park is open 7 am - 7 pm Monday to Saturday, and buses run every 15 minutes.

Parking is free and you just pay for the bus which is £2 per day.

The bus services from Sniperley run to and from Belmont Park & Ride, serving dedicated stops along the route which can be found online [here](#).

Smarter driving

You can save on fuel, reduce carbon emissions and improve air quality by driving more efficiently. Switch the engine off at traffic lights or if you have start stop technology remember to use it. Slow your speed and take your foot off the accelerator sooner to avoid harsh braking. More tips on how to be a smarter driver can be found [here](#).

Smarter working

Working from home some or all of the time can help reduce your travel costs and carbon footprint, as well as fitting your working day around your home commitments.

We hope you have found the information in this guide useful. If you have any questions about anything covered in this guide, please do not hesitate to get in touch with the Travel Plan Coordinator via email or phone, as detailed on [page 3](#).





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For more information please contact travelplanning@foreconsulting.co.uk

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